



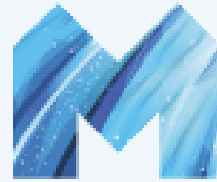
**SCOTTISH
MEN'S SHEDS
ASSOCIATION**



**ANNUAL REPORT
& FINANCIAL STATEMENTS**

2019-2020

Index



**SCOTTISH
MEN'S SHEDS
ASSOCIATION**

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The SMSA exists to inspire and support men—over the age of 18 and with time on their hands—to become engaged, in a healthy way, by voluntarily creating their own Men's Sheds in their local communities across Scotland.

CHAIRMAN'S REPORT

I am delighted to report that the Scottish Men's Sheds Movement has advanced greatly over the last year. To date, there are 131 open Sheds and a further 58 in development across Scotland. In November 2019, the SMSA hit a membership milestone by welcoming its 2,000th Individual Member and our supporter numbers continue to rise.

It is our vision that one day, every man in Scotland will have the opportunity to attend a Men's Shed in their local area and the SMSA has developed a five-year plan—highlighting the need for several regional Development Officers in response to this rapid growth—to allow us to support new and existing Scottish Sheds at a grassroots level for many years to come.

A major highlight of the year was our appointment of Sir Harry Burns as our charity's Patron in March 2020. Sir Harry has a very distinguished medical career and was Chief Medical Officer for Scotland for nine years and, since stepping down in 2014, he has worked closely with the Scottish Government in various senior roles. We are honoured that Sir Harry chose our charity—as a cause close to his heart—and his support will be key in promoting the vital work that we do across Scotland.

SMSA held its first Scottish 'Men's Shed of the Year' Awards in September 2019 and Aberchirder & District Men's Shed was crowned our inaugural winner. The awards were launched to not only reward and recognise the impact that Sheds have in their communities but also inspire other men to set up Sheds in their own communities and learn from others' experiences.

Overall, the charity is in a good place however the past year has certainly not been without some ups and downs. We were delighted to secure funding for the first time from The William Grant Foundation to recruit our new Communications & PR Officer, Michelle Wibrew.

Michelle joined us in September 2019 and is already proving to be a very valuable asset with her media skills and her understanding of the third sector. Michelle has promoted the Movement as a whole in addition to showcasing individual Shed and Shedder journeys and stories to get the word out there—to funders, partner

organisations and to the local and national media—of the life-changing impact that Sheds can have. I think you will all also agree that it is fantastic to see 'The Scottish Shedder' newsletter return.

In November 2019, our core funding from the Scottish Government—that the Association has received for the last three years—came under threat. The charity was advised that there would be no further Government funding after the 31st March 2020 and was on the brink of closure. This was obviously a huge and unexpected blow, however it resulted in a Short-Life Working Group being set up with representatives from Scottish Government's Community Empowerment, Regeneration and Creating Health teams, Age Scotland, Glasgow Caledonian University, Scottish Community Alliance and the SMSA.

This group – led by Malcolm Cowie of the Community Empowerment Team, Scottish Government – was set up in order to report to Aileen Campbell MSP, Cabinet Secretary for Communities and Local Government in the Scottish Government. The final report identified the need for a national association to support the Shed Movement. When the pandemic hit, the Scottish Government requested that the SMSA submit a revised funding proposal covering a Covid-19 support strategy for the 2020/21 financial year.

With the possibility of reduced Government funding, the SMSA team put a fundraising strategy in place to approach alternative funders and partners for support—whilst working on the basic running costs for the charity—and I commend the team for this work.

Life changed significantly towards the end of this reporting period, when the Covid-19 pandemic struck and we had to adapt to a 'new norm' and see the temporary closure of our beloved Sheds. Lockdown has shown however, more than ever, just how much Sheds are needed to reduce social isolation and improve men's health and wellbeing.

Our Association must now look ahead to this new way of life and strive to ensure our Sheds are fully prepared for reopening, when it is safe to do so, with the health and safety of our Shedders of the utmost priority.



"It is our vision that one day, every man in Scotland will have the opportunity to attend a Men's Shed in their local area and the SMSA has developed a five year plan—highlighting the need for several regional Development Officers in response to this rapid growth—to allow us to support new and existing Scottish Sheds at a grassroots level for many years to come."

Derek Keiller
SMSA CHAIRMAN

EXECUTIVE OFFICER'S REPORT

We have had a year not without its highs and lows and at the end of it I am happy with what the Association has managed to achieve with a staff team of three and the addition of three new Trustees to the Board.

The Scottish Men's Sheds Movement and our membership has continued to grow over the reporting period. Open and developing Sheds grew from 171 to 186 and our SMSA Individual Membership from 1,736 to 2,315.

With the recruitment of our new Communications & PR Officer, our media reach has dramatically improved which is partly why we have achieved such a good membership increase in our drive to create awareness of the Men's Sheds Movement across Scotland. A huge thank you to The William Grant Foundation for funding this position.

We also had productive representation at national events—Gardening Scotland and The Gathering for the second year—which again attracted wide public interest on each of the days.

We continued to receive media support from the local and national press and radio stations throughout the year. Our web and social media presence was expanded from our 60-page website, two Facebook pages and Twitter account to venture into Instagram and LinkedIn and we are delighted to have welcomed steady growth across all of these platforms.

Various key note presentations were delivered across the country, addressing a wide variety of third sector audiences who are now becoming aware of what we do and the male health benefits of Scottish Men's Sheds. I have also joined the Cross-Party Group for Health Inequalities and a newly created sub group, Men's Health and the Action Group in Isolation and Loneliness. I have also continued to try and increase our presence with our veterans and blue light service personnel. This area still requires considerable attention and support in the years ahead.

We continue to create new strategic partnerships for the benefit of our Shed Membership with the addition this year of David Young Training (Health and Safety Machine

Maintenance) and Citrus Energy (the cheapest electricity for Sheds). To be sustainable and thrive, high standards of health and safety and reduced costs are imperative for Sheds.

Our continued partnerships with Greenwood Moreland Insurance (tailored and discounted Shed insurance), the Australian Men's Sheds Association (access to their data) and Axminster Tools & Machinery (discounts on purchases) is all part of the SMSA's support for the continued success and growth of a thriving grassroots movement.

We have also partnered up with Macmillan Cancer in a new initiative to create leaflets and films about closing the gap on men and cancer. This project will entail researching our membership for men who have real experience in supporting someone with cancer or having cancer themselves and finding out what could be done better to help them to access information (specifically tailored to men). The second part will be to co-create those findings into various creative mediums and share nationally.

We continue to be involved in the research partnership with Glasgow Caledonian University for the three-year 'Sheds for Sustainable Development' project. The research side with the Sheds is complete and we look forward to the peer reviewed and published paper in early 2021.

Last but certainly not least, to welcome a patron—who has done so much in the field of health—accept this mantle for men's health is a great honour for us and the Movement. Thank you Sir Harry Burns.

So, a good year for sure with our support fielding hundreds of phone calls and thousands of emails tailored to the specific challenges of starting and running a Shed successfully. Funding is going to be in the forefront of all of our minds going forward, unfortunately, as we move into the unknown of how this pandemic is going to affect the Sheds, the men who use them and how we can continue to support them.

Challenging times ahead, but then we are up for the challenge, right lads?



“Funding is going to be in the forefront of our minds going forward, unfortunately, as we move forward into the unknown of how this pandemic is going to affect the Sheds, the men who use them and how we can continue to support them. Challenging times ahead, but then we are up for the challenge, right lads?”

Jason Schroeder
SMSA EXECUTIVE OFFICER

A WORD FROM OUR PATRON



"I have always admired the concept of Men's Sheds and the growing grassroots Movement in Scotland. I'm delighted to be the patron of the SMSA and support the great work that they do."

Sir Harry Burns
SMSA PATRON

One of the key highlights of the year for the Scottish Men's Sheds Association was to announce Sir Harry Burns – Professor of Global Public Health, University of Strathclyde – as the patron of the charity in March 2020.

Sir Harry Burns was the Chief Medical Officer for Scotland for nine years (September 2005 to April 2014) and became renowned for his accomplishments in addressing health inequalities.

Sir Harry was knighted in 2011 in recognition of his outstanding achievement and service to society. He is a member of the Council of Economic Advisers in Scotland and, in December 2014, First Minister Nicola Sturgeon presented him with the Lifetime Achievement Award at the inaugural Scottish Public Service Awards, recognising his lasting contribution to public service.

The primary role of Sir Harry Burns, as our patron, is to lend credibility and support to the SMSA. Within his prominent health roles and to his peers, he will represent the Men's Sheds Movement in Scotland.

SMSA is honoured to welcome Sir Harry Burns as our patron—his support will be key to create awareness and gravitas of the vital work that we do to improve men's health and wellbeing.

Are you passionate about Men's Sheds?

Do you support the Men's Sheds Movement?

Then, join the Scottish Men's Sheds Association for FREE today!

Individual Members receive:

- A welcome pack and pin
- Latest news on the Movement
- 'The Scottish Shedder' newsletter
- Full access to the SMSA website
- Advice and assistance



SMSA is the only organisation solely dedicated to supporting Shedders to create Men's Sheds in their communities across Scotland

Follow the SMSA at:



Pick up an SMSA leaflet in your local Shed or visit www.scottishmsa.org.uk/join-smsa

SMSA is a charity registered in Scotland (No. SC045139)

KEY HIGHLIGHTS

SIR HARRY BURNS
ANNOUNCED AS
SMSA PATRON

LAUNCH OF THE
'MEN'S SHED OF THE
YEAR' AWARDS

COMMUNICATIONS
OFFICER APPOINTED

WILLIAM GRANT
FUNDING SECURED

SCOTTISH SENSORY AND
EQUALITY AWARDS
2019 RUNNER-UP

RELAUNCH OF THE
SCOTTISH SHEDDER

SMSA HITS MILESTONE
WITH 2,000TH
INDIVIDUAL MEMBER



126

SHED MEMBERS
14% INCREASE

2,315

INDIVIDUAL MEMBERS
34% INCREASE



131

OPEN SHEDS
16% INCREASE

55

SHEDS IN DEVELOPMENT
5% DECREASE*
*as a result of more Sheds officially opening



2,900

AVERAGE HITS PER MONTH
SMSA WEBSITE

2,500

AVERAGE HITS PER MONTH
'FIND A SHED' MAP



FUTURE PLANS



Regional Development Officers

SMSA's long-term vision includes plans to recruit regional Development Officers to further support new and existing Men's Sheds across Scotland on a grassroots level



Start-up Pot for Sheds

SMSA will work with external funders to secure a 'start-up' funding pot accessible for new Men's Sheds



Health & Safety for Sheds

SMSA will work with partner organisations and external funders to source funding for vital Health & Safety Training and Resources for Scottish Sheds



Regional Shed Ambassadors

SMSA has long-term growth plans to identify and recruit key Regional Shed Ambassadors to 'fly the SMSA flag' and support the Men's Sheds Movement across Scotland



A National Gathering

SMSA will explore the potential to launch a national annual 'shoulder to shoulder' gathering event for Men's Sheds in Scotland to network, socialise, share and learn



'Shed of the Year' Awards

Following the success of the inaugural Scottish 'Men's Shed of the Year' Awards in 2019, SMSA plans to grow this event further to truly recognise and reward the contribution made by Men's Sheds in today's society



SMSA Goes Digital

SMSA quickly adapted to a 'new normal' in light of the Covid-19 pandemic and provided new pathways to stay connected. SMSA plans to expand on this further to extend its reach to all men in Scotland



Voice of the Sector

SMSA will expand its representation on key boards and organisations and increase its presence at networking and publicity events to ensure the voice of men's health and the Movement is heard both locally and nationally

SMSA STAFF AND TRUSTEES

SMSA Trustees (2019-2020)



Derek Keiller
CHAIRMAN



David Gardner
SECRETARY



Charlie Miller
TREASURER



Archie Peebles
TRUSTEE



Wilson George
TRUSTEE



Chris Oliver
TRUSTEE

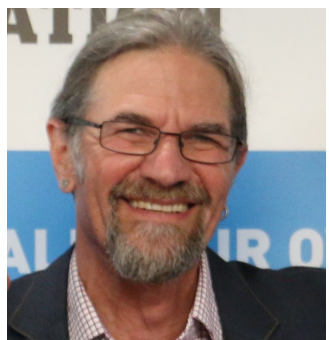


Jon Searle
TRUSTEE



Dick Monaghan
TRUSTEE

SMSA Staff



Jason Schroeder
EXECUTIVE OFFICER



Michelle Wibrew
COMMUNICATIONS
& PR OFFICER

SMSA Patron



Sir Harry Burns
PATRON

Meet the team
behind the
Scottish Men's
Sheds
Association

ACCOUNTS

Section A Statement of receipts and payments

	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total funds current period	Total funds last period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
A1 Receipts						
Donations	809				809	2,520
Legacies					-	-
Grants	80,000	14,850			94,850	135,000
Receipts from fundraising activities					-	176
Gross trading receipts					-	-
Income from investments other than land and buildings (Bank Interest)	204				204	-
Rents from land & buildings					-	-
Gross receipts from other charitable activities	2,560				2,560	2,840
					-	-
A1 Sub total	83,573	14,850	-	-	98,423	140,536
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
A2 Sub total	-	-	-	-	-	-
Total receipts	83,573	14,850	-	-	98,423	140,536
A3 Payments						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	98,657				98,657	114,228
Grants and donations	450				450	300
Governance costs:					-	-
Audit / independent examination	240				240	180
Preparation of annual accounts					-	-
Legal costs					-	-
Other					-	-
					-	-
A3 Sub total	99,347	-	-	-	99,347	114,708
A4 Payments relating to asset and investment movements						
Purchases of fixed assets	499				499	803
Purchase of investments					-	
A4 Sub total	499	-	-	-	499	803
Total payments	99,846	-	-	-	99,846	115,511
Net receipts / (payments)	- 16,273	14,850	-	-	(1,423)	25,025
A5 Transfers to / (from) funds						
					-	
Surplus / (deficit) for year	(16,273)	14,850	-	-	(1,423)	25,025

ACCOUNTS

Section B Statement of balances

Categories	Details	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total current period	Total last period
		to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
B1 Cash funds	Cash and bank balances at start of year	40,401				40,401	15,376
	Surplus / (deficit) shown on receipts and payments account	(1,423)				(1,423)	25,025
						-	-
						-	-
	Cash and bank balances at end of year	38,978	-	-	-	38,978	40,401

(Agree balances with receipts and payments account(s))

B2 Investments	Details	Fund to which asset belongs	Market valuation	Last year
			to nearest £	to nearest £
		Total	-	-

B3 Other assets	Details	Fund to which asset belongs	Cost (if available)	Current value (if available)	Last year
			to nearest £	to nearest £	to nearest £
	ACER Aspire 5 Laptop (Comms Officer)			499	
		Total	-	499	-

B4 Liabilities	Details	Fund to which liability relates	Amount due	Last year
			to nearest £	to nearest £
		Total	-	-

B5 Contingent liabilities	Details	Fund to which liability relates	Amount due (estimate)	Last year
			to nearest £	to nearest £
		Total	-	-

ACCOUNTS

Section C Notes to the Accounts

C1 Nature and purpose of funds (may be stated on analysis of funds worksheets)

Scottish Government and William Grant Foundation grants received for the development of the Men's Shed Movement in Scotland.

Macmillan Cancer Support grant received for the development of new health focused paper media and awareness outreach for the Men's Sheds target audience.

Shed Member subscriptions contribute towards the administrative costs of Member benefits.

	Type of activity or project supported	Individual / institution	Number of grants made	£
C2 Grants				
			Total	-

C3a Trustee remuneration	If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)	X
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	Authority under which paid	£
C3b Trustee remuneration - details		

C4a Trustee expenses	If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)	
-----------------------------	---	--

		Number of trustees	£
C4b Trustee expenses - details	Accommodation, Travel & Subsistence	5	893

	Nature of relationship	Nature of transaction	Transaction amount (£)	Balance outstanding at period end (£)
C5 Transactions with trustees and connected persons				

C6 Other information	
-----------------------------	--

ACCOUNTS

Additional analysis (1)

Analysis of receipts and payments

1 Donations

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Ecclesiastical Insurance Group					-	2,500
Donation by member of the public	125				125	20
PayPal Giving Fund UK	337				337	
PayPal	44				44	
AmazonSmile	13				13	
easyfundraising	93				93	
Virgin Money Giving	197				197	-
					-	-
					-	-
Total	809	-	-	-	809	2,520

2 Grants

	Unrestricted funds to nearest £	Restricted funds to nearest £	Total current period to nearest £	Total last period to nearest £
Scottish Government	75,000		75,000	100,000
William Grant Foundation	5,000		5,000	35,000
Macmillan Cancer Support		14,850	14,850	
			-	
Total	80,000	14,850	94,850	135,000

3 Gross receipts from other charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Shed Membership Subscriptions	2,560				2,560	2,840
					-	
					-	
					-	
					-	
					-	
					-	
Total	2,560	-	-	-	2,560	2,840

4 Payments relating directly to charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Trustee expenses	893				893	508
Staff expenses (not included in Travel, subsistence & accommodation)	62				62	138
Pension	6,076				6,076	6,426
Printing costs, stationery & Postage	4,390				4,390	6,774
Staff costs	66,209				66,209	78,501
Membership costs & subscriptions	2,503				2,503	1,445
Travel (inc. Mileage), subsistence & accommodation	5,825				5,825	7,343
Telephone, internet & website	4,322				4,322	3,173
Rent & insurance	7,115				7,115	6,925
Bank charges	98				98	89
Advertising and sundry	1,164				1,164	2,907
Total	98,657	-	-	-	98,657	114,228

ACCOUNTS

Additional analysis (2)

5 Breakdown of unrestricted funds

	Unrestricted fund 1 - enter name of fund below Unity Trust Bank Accounts (Current & Instant Access)	Unrestricted fund 2 - enter name of fund below	Unrestricted fund 3 - enter name of fund below	Unrestricted fund 4 - enter name of fund below	Total unrestricted funds	Total unrestricted funds last period
Receipts						
Donations	809				809	2,520
Legacies					-	
Grants	80,000				80,000	135,000
Receipts from fundraising activities					-	176
Gross trading receipts					-	
Income from investments other than land and buildings (Bank Interest)	204				204	
Rents from land & buildings activities	2,560				2,560	2,840
Sub total	83,573	-	-	-	83,573	140,536
Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
Sub total	-	-	-	-	-	-
Total receipts	83,573	-	-	-	83,573	140,536
Payments						
Expenses for fundraising activities						
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable					98,657	114,228
Grants and donations	450				450	300
Governance costs:					-	
Audit / independent examination	240				240	180
Preparation of annual accounts					-	
Legal costs					-	
					-	
					-	
Sub total	690	-	-	-	99,347	114,708
Payments relating to asset and investment movements						
Purchases of fixed assets					499	803
Purchase of investments					-	
Sub total	-	-	-	-	499	803
Total payments	690	-	-	-	99,846	115,511
Net receipts / (payments)	82,883	-	-	-	(16,273)	25,025
Transfers to / (from) funds					-	
Surplus / (deficit) for year	82,883	-	-	-	(16,273)	25,025

Nature and purpose of funds

ACCOUNTS

Additional analysis (3)

6 Breakdown of restricted funds

	Restricted fund 1 - enter name of fund below	Restricted fund 2 - enter name of fund below	Restricted fund 3 - enter name of fund below	Restricted fund 4 - enter name of fund below	Total restricted funds	Total restricted funds last period
Macmillan Cancer Support						
Receipts						
Donations					-	
Legacies					-	
Grants	14,850				14,850	
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
Sub total	14,850	-	-	-	14,850	-
Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
Sub total	-	-	-	-	-	-
Total receipts	14,850	-	-	-	14,850	-
Payments						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities					-	
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Sub total	-	-	-	-	-	-
Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
Sub total	-	-	-	-	-	-
Total payments	-	-	-	-	-	-
Net receipts / (payments)	14,850	-	-	-	14,850	-
Transfers to / (from) funds					-	
Surplus / (deficit) for year	14,850	-	-	-	14,850	-

Nature and purpose of funds

Macmillan Cancer Support grant received for the development of new health focused paper media and awareness outreach for the Men's Sheds target audience.

ACCOUNTS

Independent examiner's report on the accounts v2							
Report to the trustees/members of	Scottish Men's Sheds Association						
Registered charity number	SC045139						
On the accounts of the charity for the period	Period start date			to	Period end date		
	Day	Month	Year		Day	Month	Year
	01	04	2019	31	03	2020	
Set out on pages							(remember to include the page numbers of additional sheets)

Respective responsibilities of trustees and examiner	The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.
Basis of independent examiner's statement	My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.
Independent examiner's statement	<p>In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page*]</p> <p>1. which gives me reasonable cause to believe that in any material respect the requirements:</p> <ul style="list-style-type: none"> • to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and • to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations <p>have not been met, or</p> <p>2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.</p>

APPENDIX 3

Disclosure section

Only complete if the examiner needs to highlight material problems.

Give here brief details of any items that the examiner wishes to disclose

ACKNOWLEDGEMENTS

SMSA would like to acknowledge and express our sincere thanks to the following individuals, partners and funders for their continued support for the development and growth of the Men's Shed Movement in Scotland:

Our Staff Team

Our Trustees

Our Patron

Our Shed Members

Our Individual Members

Our Funders:

MacMillan Cancer

The Scottish Government

The William Grant Foundation

Support
the SMSA



Make a Donation | Become a Member | Follow Us

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Banchory Business Centre, Burn O'Bennie Road
Banchory, Aberdeenshire, AB31 5ZU

info@scottishmsa.org.uk | www.scottishmsa.org.uk

Support the Men's Shed Movement in Scotland, follow the SMSA at:

